

# The Book of Borderline Border Dances

## 1<sup>st</sup> Edition

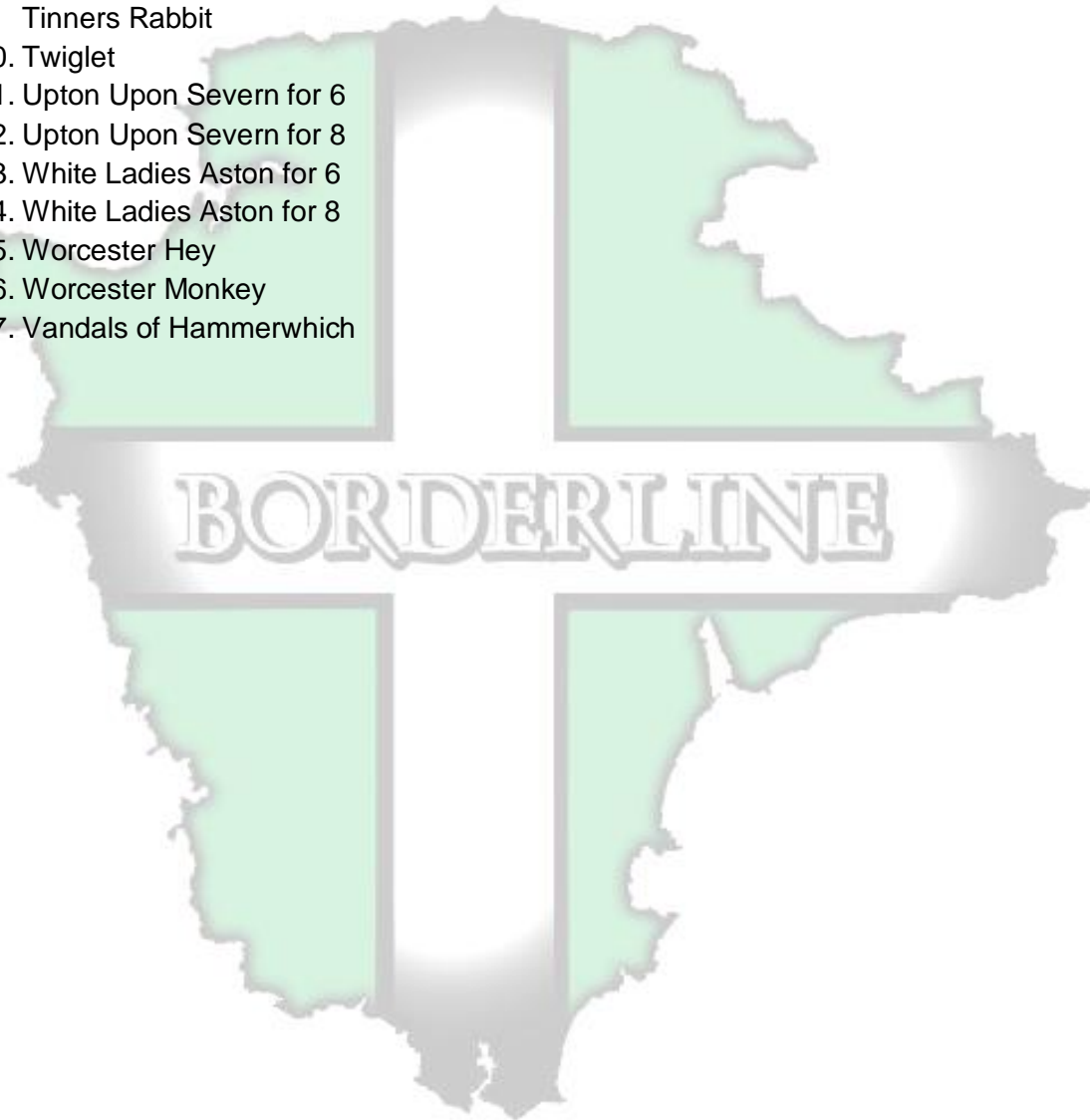
BORDERLINE



# The Book of Borderline Border Dances

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## Cuckoo's Nest – Sets of 2

### Tune: Cuckoo's Nest

#### 1 Short Stick

#### Single Stepping

#### Left Foot Start

Sticking – Clash sticks 1,2,3 front hand, back hand, front hand. Turn past your partner in a clockwise motion then stick again 1,2,3 and turn in a clockwise motion back to place. Repeat.

Spin your partner – Spin partner with left arms across partners waist. Half way through the music change to a right arm spin; swap sticks to left hand and spin with right arms across partners waists.

Sticking

Back to back – No.2's dance on the spot whilst No.1's dance a back to back around them in 4 steps. No.1's then dance on the spot whilst No.2's dance a back to back around them in 4 steps. Repeat.

Sticking

Butts and tips – Hold sticks in the centre and clash once with the butt and then once with the tip, turn to the right in a small circle so that you are facing your partner again on a different axis. Repeat till back to place.

Sticking

Windmills – Clash sticks over and under whilst dancing around partners in a clockwise motion. Do this for 16 beats when you need to be back in place.

Sticking

The dance is finished by presenting sticks facing each other and after 4 beats danceing off

Or

The dance can be finished by dancing off immediately, passing your partners right shoulder.

**(To add a different element to this dance it can be danced as a round)**

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## **Frantic Alice – Sets of 8**

### **Tune: Shave the Donkey**

#### **1 Long Stick**

#### **Single Stepping**

#### **Left Foot Start**

Back off – 2 steps back, surge forward and pass partners right shoulders for 2. Turn for 2, settle in opposite places for 2. Repeat so that you end up back in place.

Sticking – Hold sticks with left hand at the bottom and right hand half way up. Odds tap the tips of their sticks down onto the centre of the evens stick twice, then evens do the same. Repeat this alternately twice more and then odds strike once, evens strike once and then both strike tips together.

Repeat the entire sticking.

Heading up – Top 4 head up, bottom 4 head down. Middles step diagonally out of the set in the direction they're heading and the outer couples turn into the set and do a 270° circle so they end up facing the direction they're heading and so that the entire 4 end up in a line facing up or down. This is done in 2 steps. The line then heads up or down for 2, back for 2 and then unwind it back to place for 2.

Repeat the figure a second time but instead of going back to place, just turn and face your new partner in a horizontal set.

Sticking

Cross over – Pass partner's right shoulders for 4, the lines split in the middle and dance away from each other on the horizontal axis for 4, turn to face the other 2 on your side of the set, dance towards and pass their right shoulders for 4 and back to original places for 4.

Sticking

Star – Top 4 make a right hand star with sticks in and go around for 8, swap sticks to left hands and do a left hand star for 6, unfolding the star to make a horizontal set on the last 2 beats.

Sticking

Turn your end – Do a left hand spin with the person next to you for 8, arms across bodies and sticks held out. Change to a right hand spin with sticks held in left hands for 6, turn each other back into original places for the last 2 beats.

Sticking

Double sticking – Normal sticking just twice as fast.

2, 3, 4

Back off – 2 steps back, surge forward and pass partners right shoulders and keep on going into the crowd.

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## **Fullabrook – Sets of 6**

### **Tune: Swaggering Boney**

#### **1 Long Stick**

#### **Double Stepping**

#### **Left Foot Start**

Big Rounds – 2 steps back, around in a big circle until you're back to place. Turn out of the set and do a small circle on the spot at the end of the figure.

Stick – Progressive throws diagonally; 1-6, 6-3, 3-2, 2-5, 5-4, 4-1, clash twice with partner (over and under) at the end. Repeat.

Hey – Reel of three on the sides. Everyone turns out of the set and then the tops pass right shoulders with the middles, left with the bottoms and so on till back to place where everyone turns out in a small circle to finish the figure.

Stick

Partner star – Partnered star clockwise; 1 links with 3, 2 with 4 and 5 with 6 (3, 2 and 6 are on the inside of the right hand star), right hands in with sticks up on the inside and outside of the star. Partners turn halfway around and go anti clockwise with left hands of other partner in the centre. All turn out in a small circle when you get back to place.

Stick

Lichfield hey – Lichfield hey for 6. 1<sup>st</sup> corners, second corners (passing right shoulders), pause and cross the set (passing left shoulders). Repeat back to place. (turn out for a small circle if there's time)

Stick

Triangles – Both sides step into stars of three. Odds with right shoulders together, evens with left shoulders together. 1+2 cross at the same time to the opposite star (evens always behind odds) and the star rotates until everyone has crossed the set and back and are back to place. (turn out for a small circle if there's time)

Stick

Lichfield

Stick

Partner

Stick

Hey

Stick

Mobbeley – 2 steps back, 1's lead odds around the outside of the evens and 2's lead evens around the inside of odds heading up and around. When couples meet at the bottom of the set they cross over so that they're back on their original sides heading up the set, three capers and a clash to finish.

**Lollipop- Sets of 4**

**Tune: The Lollipop Man**

**1 Long Stick**

**Single Stepping**

**Right Foot Start**

Chorus (Sticking) – Cross with partner passing right shoulders to opposite side of the set and turn and stick 3 times with partner. Cross with partner passing right shoulders to centre of the set in a long line then stick 3 times with partner. Cross with partner passing right shoulders to centre of the set in a long line (in the opposite place then stick 3 times with partner. Cross with partner passing right shoulders and then back into place, stick 3 times.

Scones – 1's and 3's pass their partners right should, dance around them and back to place then 2's and 4's do the same.

Chorus

Pinball – 1 takes two steps to 2, 2 takes two steps to 3, 3 takes two steps to 4 and then back the other way.

Chorus

Cann-cann – 1's and 4's step forward and slightly to the left into the centre of the set whilst 2's and 3's turn to their right as they back into the centre of the set creating a line facing in a clockwise direction. Cann-cann around in a circle then break back to place.

Chorus

Hurls – 1<sup>st</sup> corners (1's and 4's) throw sticks to one another whilst 2<sup>nd</sup> corners (2's and 3's) tap their sticks on the ground behind them and then 2<sup>nd</sup> corners throw whilst 1<sup>st</sup> corners tap the ground and so on.....

Chorus

Off we go – 1's turn out, 2's turn out, 3's turn out, 4's turn out. Big rounds in sets of four. If more than one set, break out into bigger rounds incorporating all of the sets.

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## **Much Wenlock – Sets of any multiple of 2**

### **Tune – Much Wenlock**

#### **1 Long Stick**

#### **Single Stepping**

#### **Left Foot Start**

Cross and turn – question mark turn passing right shoulders. Throw stick to partner on the 7<sup>th</sup> beat and spin till the 16<sup>th</sup>.

Sticking – evens present sticks first (willy wacking) and odds wack evens sticks from side to side. 1-2-3-4-5-6-7—1—2—3 and a final clash over head with the evens presenting sticks above their heads. Then vice versa.

Cross and turn

Stars of 4 – each set of 4 puts sticks into the centre and does a right hand star for 8 beats then chuck sticks up and change hands to do a left hand star for 8 beats.

Sticking

Cross and turn

Borderline – entire line passes partners right shoulders for 2 beats. Dance sideways to the right for 6 beats then backwards for 2 beats and sideways left for 6 beats.

Sticking

Cross and turn

Back to back – pass partners right shoulder for 2 beats, sideways right for 2 beats, backwards passing partners left shoulder for 2 beats settle for 2 beats then do it again in reverse.

Sticking

Cross and turn

Sod off – entire line goes off left for 8 beats then comes back into line

Sticking

Cross and turn

Off in pairs – Odds swap stick to left hand and put right arm round partner. Evens put left arm round partner and dance off heading up to the top.

**Penn Cross – Sets of 8 in a Cross Formation**

**Tune: Donkey Riding**

**1 Short Stick**

**Single Stepping**

**Left Foot Start**

Dance on in sets, around in a clockwise circle to form the cross that the dance is danced in.

Stick – 8 forehand clashes, back to back right, 8 forehand clashes, back to back left.

Circle left – middle circles round anti-clockwise for 16 and outside circles clockwise for 16.

Stick

Linked hey – join up with partners, 1<sup>st</sup> and 4<sup>th</sup> couples face each other, 2<sup>nd</sup> and 3<sup>rd</sup> couples face each other. Pass right then left shoulders with the other couples until back to place.

Stick – this time, when passing left shoulders, change places.

Circle left

Stick – Change back to place

Off in pairs – circle around clockwise once then off

**Processional – Sets of multiples of 2**

**Tune: Theme Vanitaise**

**Left Foot Start**

**1 short stick in left hand and 1 long stick in right hand**

**Single stepping**

Any of the following figures, in any order as called by the foreman.

Dance – single stepping and clashing of own sticks whilst dancing forward.

Stick – 8 clashes with short sticks followed by 8 clashes of long sticks.

Star – right hand star of 4 followed by left hand star of 4.

Grand chain – tops pass right shoulders and weave through the set, the line behind following in the same manner until back to place.

Cast – tops cast out and lines follow, back up the centre crossing over to opposite sides and then turn partner back to place.

Back off – back for 4, charge across yelling for 4, turn for 4 and turn partner back to place for 4.

Photo opportunity – all members dash towards the chosen camera and strike a pose.



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**Ragged Crow – Sets of 4**

**Tune: Portobello Hornpipe**

**1 Short Stick**

**Single Stepping**

**Right Foot Start**

Foot up – Right foot first, entire set step up towards the tops for 4 and then back for 4, turn and face partner for 4, settle for 4.

Stick – clashing forehand and backhand: 1-2-3-4-5-6-1,2,3. Jump and spin around 270 degrees outwards to land facing your new partner. Stick forehand and backhand: 1-2-3-4-5-6-1,2,3.

Turbines – Right hands with sticks into the centre of the set and around in a clockwise direction for 3, on the fourth beat step out with jazz hands and then continue the star for a further 3, out on the fourth beat, repeat once more and then around again back to place.

Stick

Ragged Crow – 1's and 4's are diamonds and 2's and 3's are W's. Facing up and down the set; diamonds step forward and left into a line, then forward and right into a square, back and right into a line and then back and left back to place in a square. Diamonds repeat this movement a second time.

Simultaneously, W's step forward and left into a line, forward and right into a square, back and right into a line, forward and right into a square, back and right into a line, back and left into a square, forward and left into a line (passing the other W right shoulders) and then back and left into place.

Stick

Turrets – step back (up and down the sets) for 2, cross over passing right shoulders and clashing sticks, small circle in the corners, cross over across the set passing right shoulders and clashing sticks, small circle in the corners, cross over up and down the set passing right shoulders and clashing sticks, small circle in the corners, cross over across the set passing right shoulders and clashing sticks back to place.

Stick

Ragged Crow

Stick

Plug Holes – like turbines but with the first turn put sticks up high, second turn sticks down low and third and fourth turns with left hands on the shoulders of the person in front. When back to place, present sticks.

2-3-4 - Dance Off

**Tinners Rabbit – Sets of 3**

**Tune: Click go the Shears**

**1 long Stick**

**Single Stepping**

**Left Foot Start**

Sets are broken down into No's 1, 2 & 3 numerically ascending clockwise.

No. 1's – Dance a figure of 8 around No's 2 and 3 a couple of times then back to place.

Sticking – stick clockwise: 1 to 2, 2 to 3, 3 to 1 and so on for twelve clashes. After the twelfth clash tap butts of sticks on the ground three times.

Left hand star – left hands into the middle, joining hands by clasping wrists. Dance around in an anti-clockwise direction for 16 beats when each dancer should be back to place.

Sticking

No 2's - Dance a figure of 8 around No's 3 and 1 a couple of times then back to place.

Sticking

Tinners – Sticks held in right hands are placed in the centre of the set. The sticks are held horizontally with tips and butts touching to create a triangle. Dance around in a clockwise direction for 16 beats when each dancer should be back to place.

Sticking

No 3's - Dance a figure of 8 around No's 3 and 1 a couple of times then back to place.

Sticking

All up – at the end of the final sticking everyone turns to face out of the set, presenting sticks held horizontally above their heads.

The dance can be finished with a drop and run where everyone drops their sticks behind their heads and runs off into the crowd.

Or

The dance can be finished by dancing off in a clockwise circle, if there is more than one set, the first set should lead off dancing around in a large circle around the sets. As the end of the line passes each set they join on the end. The dance finishes when all the dancers are lined up in front of the band and the music finishes with all the dancers holding their sticks up high.

**Twiglet – Sets of 5**

**Tune: Theme Vanitaise**

**1 Long Stick**

**Single Stepping**

**Right Foot Start**

Twiglet turn – Each person dances across the set diagonally in 2 steps turning their backs to the person in the centre, on the spot for 2 and then back across the set diagonally to place. Repeat.

Sticking – Everyone hits the floor once, No's.1& 5 stick for two whilst No.4 shouts and No's.2 & 3 stick for one. Everyone hits the floor once, No's.2 & 5 stick for two whilst No.1 shouts and No's.3 & 4 stick for one. Everyone hits the floor once, No's.3 & 5 stick for two whilst No.2 shouts and No's.4 & 1 stick for one. Everyone hits the floor once, No's.4 & 5 stick for two whilst No.3 shouts and No's.1 & 2 stick for one.

Reel – Reel of 3; 1, 5 and 3 reel starting with 1 and 5 passing right shoulders. Once through and when back to place, 2, 5 and 4 reel starting with 2 and 5 passing left shoulders. Reel till back to place.

**Sticking**

Circles – 1, 5 and 3 are active and 2 and 4 are passive. No.1 leads 5 and 3 around No.4 then stops between 4 and 2. No.5 weaves between them and 3 follows, No.1 joins on the end. No.5 leads around No.2 then stops between 2 and 4. No.3 weaves between them and 1 follows, No.5 joins on the end. No.3 leads around No.4 then stops between 4 and 2. No.1 weaves between them and 5 follows, No.3 joins on the end. No.1 leads around No.2 then everyone goes back to place.

**Sticking**

Bowtie – No.5 dashes out of the centre to the side, circles around the top of the set, dashes back through the centre and circles around the bottom of the set. Meanwhile, The rest of the set dance diagonally across the set, passing right shoulders with their backs to the centre. When they reach the other side of the set the cross the top or bottom of the set, passing left shoulders. Repeat.

**Sticking**

Surreal – 1 and 4 link up, 2 and 3 link up and 5 faces No.1's couple and starts a reel of 3 passing right shoulders. When back to place the couples pull out into one long line with 4 & 5 facing each other and 2 & 3 facing each other. 5 & 2 have their backs to each other. No.1 goes off and joins the bottom of the line whilst the couples stick forehand, backhand for 4. No.4 goes off and joins the bottom of the line whilst the remainder turn 180 degrees to the left and stick with new partners. This continues till each person has rejoined the line and then No.1 leads off into big rounds and then leads the set off stage.

**Upton Upon Severn – Sets of 6**

**Tune: Upton Upon Severn Stick Dance**

**Left Foot Start**

**1 Long Stick**

**Double Stepping (Kick Those Knees!)**

Wigwam – All sticks held up with tips touching in the centre of the set.

Big Rounds - No.1 breaks the wigwam and left foot start into big rounds going around clockwise once then back to place.

Sticking – Fencing over and under for 8 then clash on 9 and dance a little circle anti-clockwise around your place. Right hand up – stick held with a hand on each end and clashing in the middle of the stick for 8 then clash on 9 and dance a little circle anti-clockwise around your place.

Allemande right – Back to back passing right shoulders and clashing sticks as you pass. Clash when back to place and dance a little circle anti-clockwise around your place.

Sticking

Allemande left – Same as allemande right but passing left shoulders with your partner and clashing sticks.

Sticking

Three tops – Middles go right. Reel of three on the ends of the set once through then back to place.

Sticking

Hey – In at the ends and out in the middle, tops face down, other two couples face up. Tops go between middle couple, around bottom couple, turn, between middle couple, around end couple back to place.

Willy Whacking – Evens present sticks whilst Odds whack them from side to side for 8. Clash on 9 and dance a little circle anti-clockwise around your place. Evens get their own back by doing the same.

Big rounds – Around in a clockwise circle.

Caper – 4 capers into the centre with sticks in the air to finish then drop sticks and dash off into the crowd.

**Upton Upon Severn – Sets of 8**

**Tune: Upton Upon Severn Stick Dance**

**Left Foot Start**

**1 Long Stick**

**Double Stepping (Kick Those Knees!)**

Start facing partners with sticks held down and crossing in the centre of the set. With the music, start tapping sticks lightly for 4 beats and then harder for the next for beats, on the 9<sup>th</sup> beat strike sticks above heads.

Big rounds – After that 9<sup>th</sup> strike, dance clockwise around the set and back to place.

Fence - Fencing over and under for 8 then clash on 9 and dance a little circle anti-clockwise around your place. Repeat.

Side reel – Top and bottom couples face up and down the set, middle couples face the end of the set closest to them with their backs to each other. Reel up and down the side of the set passing right then left shoulders until back to place. Repeat.

Tips and butts – Hold sticks in the centre and strike partners sticks alternately tips and butts for 8 then clash on 9 and dance a little circle anti-clockwise around your place. Repeat.

Top and bottom reel – 2<sup>nd</sup> corners back off to draw the set of 4 into a line and 1<sup>st</sup> corners pass each other, right shoulders then into a reel of 4 passing right and left shoulders until back to place. Repeat.

Right hand up - Stick held with a hand on each end and clashing in the middle of the stick for 8 then clash on 9 and dance a little circle anti-clockwise around your place. Repeat.

Star reel – The middle four back into the centre of the set whilst the ends draw out to the corners of the set. Diagonally reel across to the opposite corners passing right then left shoulders till back to place (When fours meet in the centre, left hands are briefly clasped in a star). Repeat.

Fence

Big rounds - After that 9<sup>th</sup> strike, dance clockwise around the set.

Caper – 4 capers into the centre with sticks in the air to finish then drop sticks and dash off into the crowd.

**White Ladies Aston – Sets of 6**

**Tune: Lord of the Dance**

**1 Short Stick**

**Single Stepping**

**Left Foot Start**

Star top/Stick bottom – Top 4 do a right hand star, with sticks in, once around whilst the bottom 2 stick for 8 forehand clashes. Bottom 4 do a right hand star, with sticks in, once around whilst tops stick for 8. (Middle couple does a right hand star both times)

Bit on the side – Tops face down, everyone else faces up. Reel of 3 (top couple start by passing right shoulders with the middle couple) all the way through until back to place.

Stick – All forehand clashes; 1-2-3-4-5-6-1,2,3.

Bit on the side      Stick

Cross over – Pass right shoulders, turn and stick. Pass right shoulders again, turn and stick.

Bit on the side      Stick      Bit on the side      Stick

Tops down – Top couple dance down the middle of the set for 4, stopping in line with the middle couple, go back for 4 and then the top 2 couples dance down the middle of the set for 4, stopping when the bottom couple is between them, go back for 4.

Bit on the side      Stick      Bit on the side      Stick

Linked hey – Couples link up; tops facing down, other couples facing up. The couples then do a reel of 3. Top couple starting it by passing right shoulders with the middle couple. All the way through until back to place.

Bit on the side      Stick      Bit on the side      Stick

Chaaaaaaaaaaaaaarge!!! – Bottom couple charges up the middle of the set for 8, middle couple charges up the set for 8, top couple charges up the set for 8. (Each couple drops back into formation as they reach the top of the set). Entire set charges up.

(This dance can be finished here by the entire set charging off the stage into the audience or through the band)

OR

Bit on the side      Stick      Bit on the side      Stick

Off in pairs – Couples link up, facing up the set and dance off the stage together.

**White Ladies Aston - Sets of 8**

**Tune: Lord of the dance**

**1 Short Stick**

**Single Stepping**

**Left Foot Start**

Star top stick bottom – Top 4 do a right hand star whilst the bottom 4 clash sticks (only hitting from right to left) for 8 beats. Then vice versa.

Bit on the side – Reel on the side, tops face down, other dancers all face up and pass right, left, right, left till at the opposite end of the set then stick. 1-2-3-4-5-6-123. Go back the other way to place and stick again.

Cross over – Pass right shoulders, turn and stick. Pass right shoulders again, turn and stick.

Bit on the side

Tops down – Top couple goes down in between the rest of the set for 4, stop at the second couple and go back for 4. Top 2 couples go down the inside of the set for 4, stopping in line with the other couples then back to place for 4.

Bit on the side

Linked hey – Each couple links up with arms around each other, end couples face in and inner couples face out. Pass couples in direction each couple is facing passing right shoulders first, turning on the ends and passing left shoulders in a figure 8 reel.

Bit on the side

Chaaaaaaaaaaaaaarge!!! – Bottom couple charges up the set for 8, then each couple in turn charges up the set for 8 making lots of noise. Top couple charges up and stretches the set out, turning to face the rest of the set.

Big bit on the side

Off in pairs - Odds swap stick to left hand and put right arm round partner. Evens put left arm round partner and dance off heading up to the top.

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## Worcester Hey – Sets of 6

### Tune: Jump at the Sun

**1 Long Stick**

**Single Stepping (Knees Up!)**

**Left Foot Start**

Hey – Bottoms up the centre of the set for 4, out and around into place at the top of the set for 4. Top and middle couples turn 180 degrees out of the set and dance straight out to the side for 2, turn down 90 degrees and dance straight down for 2, then turn in 90 degrees and dance in for 2, then on the spot for 2. As each couple reaches these positions they repeat this set of figures until everyone is back to place.

Stick – Holding sticks in the centre; clash the tips and then the butts for 8.

Star – Left hand star on the odd side with hands clasping in the centre, go around anti-clockwise for 8. Right hand star on the even side with sticks in the centre, go around clockwise for 8.

Stick

Hey

Stick

Half rounds – Turning out of the set the hard way (clockwise), dance halfway around the set so that the set is upside down.

**Note: The top is now at the bottom**

Stick

Hey

Stick

Star

Stick

Hey

Stick

Half rounds

**Note: The top is now back at the top**

Stick

Hey

Stick

Hey and off – Just like the regular hey but as the bottoms dance up the centre they keep going and form a line in front of the band. When each dancer is lined up in front of the band they dance for the remainder of the music and charge off into the crowd when the music is finished.

# The Book of Borderline Border Dances

## **Worcester Monkey – Sets of 8**

### **Tune: Weasel's Revenge**

#### **1 Short Stick**

#### **Single Stepping**

#### **Right Foot Start**

Sticking – Forehand and backhand; 1,2 – 1,2,3 (bounce back) – 1,2, tap the floor twice, ,2.  
Repeat

Spin right – Everyone spins with the diagonal person to their right. The end corners dance a circle on the spot. Then everyone spins left, the other end corners dance a circle on the spot.

Monkey up – Bottom couple dance up the centre of the set for 4 then the entire set turns out and down one place for 4. Each couple does the same when they reach the bottom of the set until everyone is back to place.

Sticking

Spin right

Stars – Everyone heads up the set and casts out into a left hand star clasping wrists on the odd side and sticks in the centre of a right hand star on the even side. After one turn around No 1 crosses over to the right hand star and then No 2 passes across to the left hand star immediately behind ones. Each member of each star alternately crosses over to the other star until odds are doing a right hand star with sticks in the middle and evens are doing a left hand star with wrists clasped. Each new star does one and a half turns and then crosses back to their original sides in the same manner that they crossed over before. Once back they line back up in original places.

Sticking

Spin right

Half hands – Bottom couple of the set clash sticks whilst passing right shoulder, they dance up the outside of the set to the top. Whilst the bottom couple cross and cast, the other couples pass left hands to each other and pull each other across the set turning clockwise and moving steadily down the set. They cross the set 3 times taking 2 beats to cross each time and then take 2 beats to settle it on the spot. After the set has turned using left hands they swap sticks to the other hand and pass right hands to each other and turn anticlockwise whilst moving down the set. As each couple reaches the bottom of the set, they cross and cast till everyone is back to place.

Sticking

Spin right

Lichfield hey – Passing right shoulders; 1<sup>st</sup> corners cross, 2<sup>nd</sup> corners cross, everyone pauses and then ends and middles cross passing left shoulders. Keep repeating till back to place.

Sticking

Spin right

Monkey off – Same as monkey up but when the bottom couple reaches the top they spread out in a line in front of the band until all the set is lined up. As the music finishes, the dancers clash their sticks on the ground once and then presents. Dancers file off in a line.

**Vandals of Hammerwich – Sets of 8**

**Tune: Vandals of Hammerwich**

**Left Foot Start**

**1 Long Stick**

**Double Stepping/Huckle Backs/Capers**

Dance starts with set facing up, sticks held at the bottom with left hands and  $\frac{3}{4}$ 's of the way up with the right hand.

Can either start by capering from this position or can walk around singing: Odds walk around the outside of evens at the top of the set and then on the inside of evens at the bottom of the set until back to place. Caper three times into place and clash sticks with your partner on the third caper.

Sticking – Clash once with the right diagonal, once with the left diagonal, forehand, backhand, forehand with your partner. Side step to the right and balance side step to the left and balance. Caper three times and clash sticks with your partner on the third caper.

Heading up – Couples 2 and 4 dance up the outside of the set so that they're in line with couples 1 and 3. Dance in the line and then huckle back to place finishing with three capers and a clash on the third caper.

Sticking

Heading down – Couples 1 and 3 dance down the outside of the set so that they're in line with couples 2 and 4. Dance in the line and then huckle back to place finishing with three capers and a clash on the third caper.

Sticking

Back to back – Charge across the set passing partner's right shoulders (double stepping) and then huckle back to place passing left shoulders. Charge across the set passing partner's left shoulders and then caper back to place passing right shoulders. Clash on the final caper.

Sticking

Lichfield hey – Passing right shoulders; 1<sup>st</sup> corners cross, 2<sup>nd</sup> corners cross, everyone pauses and then ends and middles cross passing left shoulders. Keep repeating till back to place.

Sticking – On the final caper, everyone faces up with sticks held up and tips crossing with partners.

No.2 lays their stick across their outstretched arms and the rest of the set files around depositing their sticks in No.2's arms as the last person goes by, No.2 joins on the end and No.1 leads the set off in single file.